

MT. PROSPECT PARK DISTRICT



HOT SHOTS SPORTS WINTER - 2017



Mt. Prospect
Park District
www.mppd.org

Central Community Center - 1000 W. Central Rd, Mt Prospect

BASKETBALL SKILLS CLINICS

Basketball 101

This is the perfect class for young athletes who are looking to move beyond basic instruction and more thoroughly understand the game. Players enhance their skills by learning more detailed offensive points of the game such as setting screens and moving without the ball. Players are also introduced to defensive aspects of the game including proper defensive stance and man-to-man defense. All instruction is game/drill oriented with scrimmages played every day.

Boys & Girls, Ages 5-7

Location: Central Community Center

29459 Sunday 9:45 - 10:45 AM 1/8 - 3/2 R\$120/NR\$125

Basketball 202

This is the perfect class for young athletes who are looking to move beyond basic instruction and more thoroughly understand the game. Players enhance their skills by learning more detailed offensive points of the game such as setting screens and moving without the ball. Players are also introduced to defensive aspects of the game including proper defensive stance and man-to-man defense. All instruction is game/drill oriented with scrimmages played every day.

Boys & Girls, Ages 8-12

Location: Central Community Center

29460 Sunday 10:45 - 11:45 AM 1/8 - 3/2 R\$120/NR\$125

LUNCH & PLAY

Children are introduced to a variety of sports including soccer, t-ball, basketball, football, kickball and other sports and group games. The goal is to provide the opportunity for each child to develop motor skills and nurture his/her growth socially through teamwork and good sportsmanship. Children bring a lunch and play afterward. Class will meet in room 402.

Boys & Girls, Ages 3-6

Location: Central Community Center

29461 Tuesday 11:30 AM - 1:00 PM 1/10 - 3/14 R\$150/NR\$160
29462 Wednesday 11:30 AM - 1:00 PM 1/11 - 3/15 R\$150/NR\$160

HOLIDAY BASKETBALL CAMP

Your camper will improve their basketball fundamentals, learn advanced skills, and enhance their teamwork. Dribbling, passing, rebounding, shooting and defense will be developed. Campers will be divided into groups based on age, size and ability. Camp highlights include a camp T-shirt, league and tournament play, and daily contests and prizes. Campers should bring a snack and drinks each day.

Boys & Girls, Grades K-2

Location: Central Community Center

29463 Mon-Fri 9:00 AM - 12:00 PM 12/19-12/23 R\$135/NR\$145
29465 Mon-Fri 9:00 AM - 12:00 PM 12/26-12/30 R\$135/NR\$145

Boys & Girls, Grades 3-6

Location: Central Community Center

29464 Mon-Fri 9:00 AM - 12:00 PM 12/19-12/23 R\$135/NR\$145
29466 Mon-Fri 9:00 AM - 12:00 PM 12/26-12/30 R\$135/NR\$145

For more information contact: Mt. Prospect Park District,
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www.MPPD.org - Chicago.HotShots4Kids.com