

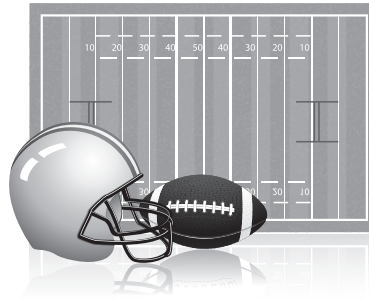


YOUTH SPORTS CLASSES



SKOKIE PARK DISTRICT

FALL 2017 • SESSION 2 • OCTOBER 29 – DECEMBER 22



DOUBLE PLAY

Kids learn two sports, alternating each week between soccer and t-ball. Players will develop skills and fundamentals while experiencing game play in an exciting instructional setting. **No Class: 11/23.**

Ages 3-5 **Location: Weber Leisure Center**
353817-04 TH 11/2-12/21 12:15-1:00P R \$77/NR \$96

TOTS MOVEMENT & TUMBLING

Your child's physical, mental, emotional and social skills will develop through this fun and challenging class. Children are introduced to age-appropriate exercises specifically designed for balance and coordination of their large muscle groups. Through basic gymnastics and movement, participants experience their world in a whole new way and begin to understand how their bodies work. Kids will wear loose fitting clothing, gym shoes and should be prepared to have tons of fun!

Ages 2-3 **Location: Weber Leisure Center**
350437-02 TU 11/7-12/19 10:15-10:45A R \$77/NR \$96

SPORTS AND MORE

Children are introduced to the fundamentals of such sports as soccer, t-ball, basketball, floor hockey and other sports and group games. Develop motor skills and nurture social and emotional growth through teamwork and good sportsmanship. **No Class: 11/23.**

Ages 3-5 **Location: Weber Leisure Center**
350422-10 M 10/30-12/18 2:00-2:45P R \$88/NR \$110
350422-08 TH 11/2-12/21 5:00-5:45P R \$77/NR \$96

PARENT TOT SOCCER

Young children develop motor skills while having fun running and kicking just like the big kids! Parents and tots work together in this class, learning the basics of soccer. Dribbling, passing, shooting and kicking will all be emphasized. A variety of activities designed around the game of soccer will be played each week. **No Class: 11/26.**

Ages 2-4 **Location: Weber Leisure Center**
353820-04 TU 11/7-12/19 9:30-10:15A R \$77/NR \$96
353820-06 SU 10/29-12/17 9:00-9:45A R \$66/NR \$83

ADULT-TOT SPORTS

Parents will help their tots develop basic sports movement and motor skills, including hand-eye and hand-foot coordination. Equipment and instruction are provided to help guide your child through an introduction to organized sports. **No Class 11/25 & 11/26**

Ages 2-4 **Location: Weber Leisure Center**
350426-06 SU 10/29-12/17 10:30-11:15A R \$77 NR \$96

PEE WEE SOCCER

Let your child's first soccer experience be a great one! Kids will learn soccer skills, gain confidence, and develop coordination, motor skills and communication skills. Featuring age-appropriate drills and exercises that will teach kicking, ball control, dribbling, shooting and more. Children will develop endurance, and learn sportsmanship and teamwork. **No Class: 11/24, 11/25 & 11/26.**

Ages 4-6
353821-07 M 10/30-12/18 3:15-4:00P R \$88/NR \$110
353821-08 M 10/30-12/18 4:00-4:45P R \$88/NR \$110
353821-12 SU 10/29-12/17 9:45-10:30A R \$66/NR \$83

LIL' DRIBBLERS

Children are introduced to the game of basketball in a safe, fun and exciting environment. Age appropriate activities and games are specifically designed to increase balance, body awareness, motor skills and hand eye coordination. Kids will acquire listening skills and learn to following directions. **No Class: 11/22, 11/25 & 11/26.**

Ages 3-5 **Location: Weber Leisure Center**
350821-08 W 11/1-12/20 10:15-11:00A R \$77 NR \$96

Ages 4-6
350821-05 SU 10/29-12/17 11:15A-12:00P R \$77/NR \$96

TOTAL SPORTS

Total Sports not only teaches children the basic skills of playing a particular sport, it also teaches them skills needed to work together as teammates, and to accept each individual as a valuable player. Some of the sports taught and played include soccer, kickball, t-ball, floor hockey, basketball and more. **No Class: 11/23.**

Ages 5-8 **Location: Weber Leisure Center**
350423-03 TH 11/2-12/21 4:00-5:00P R \$77/NR \$96

MORE ON REVERSE SIDE...→

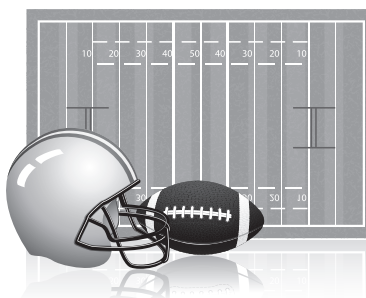


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BASKETBALL SKILLS LEVEL 1

For the basketball beginner! Kids will learn basketball skills such as shooting, dribbling and passing, along with the basic rules of the game. Includes structured games and fun! **No Class: 10/31.**

Ages 6-8 Location: Middleton School
350822-04 TU 11/7-12/19 5:30-6:30P R \$77/NR \$96

Ages 6-8 Location: Weber Leisure Center
350822-05 W 11/1-12/20 4:00-5:00P R \$77/NR \$96

BASKETBALL SKILLS LEVEL 2

Basketball players apply individual skills to the team game. Fundamentals will continue to be developed, with a focus on proper shooting mechanics. Participants are also learn offensive concepts, such as screens and moving without the ball, and defensive skills, such as proper defensive stance and man-to-man defense. **No Class 11/22.**

Ages 8-12 Location: Highland School
350823-01 M 10/30-12/18 5:00-6:00P R \$66/NR \$83

Ages 8-12 Location: Middleton School
350823-02 TU 11/7-12/19 6:30-7:30P R \$77/NR \$96

Ages 8-12 Location: Weber Leisure Center
350823-03 W 11/1-12/20 5:00-6:00P R \$77/NR \$96

GAME TIME BASKETBALL

Develop your skills by playing in games! Players will play 1-on-1, 3-on-3, 5-on-5, or other variants of basketball. Hot Shots coaches will referee and give guidance to enhance each player's understanding of the game **No Class: 11/23.**

Ages 6-10 Location: Middleton School
350825-02 TH 11/2-12/21 6:30-7:30P R \$77/NR \$96

SOCCER SKILLS CLINIC 101

Children are introduced to the fundamentals of soccer tactics such as passing, attack and defense moves, keeping the ball away from and taking the ball from the opposing team, scoring and preventing goals. Physical endurance and fitness is emphasized. At this age the focus starts to change from simple games to organized, tactical, competitive games. **No Class 11/24.**

Ages 6-9 Location: Weber Leisure Center
353823-04 M 10/30-12/18 5:00-6:00P R \$88/NR \$110
353823-05 TU 11/7-12/19 4:00-5:00P R \$77/NR \$96

SOCCER SKILLS CLINIC 202

Learn the fundamentals of soccer tactics such as passing, attacking, defense, scoring and preventing goals, and keeping the ball away from and taking the ball from the opposing team. Endurance and fitness is emphasized. At this age the focus changes from simple games to organized, tactical, competitive games.

Ages 9-14 Location: Weber Leisure Center
350541-02 TU 11/7-12/19 5:00-6:00P R \$77/NR \$96

GAME TIME SOCCER

Develop soccer skills such as shooting, ball control, passing and basic rules of the game through fun scrimmages. Teams will be divided evenly each week, emphasizing the importance of teamwork and sportsmanship.

Ages 8-12 Location: Weber Leisure Center
353822-02 M 10/30-12/18 6:00-7:00P R \$88/NR \$110



SKOKIE PARK DISTRICT

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For more information visit www.skokieparks.org or contact Breanne Schnoor @ Bschnoor@skokieparks.org

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