



Youth Sports Programs

Winnetka Community House - Fall 2017

Hot Shots Sports is a private organization that develops and organizes youth athletic programming. Hot Shots Sports programs stress the pure enjoyment of being involved in athletics and offers the opportunity for children to develop their skills in an environment where everyone plays and reward is given for the effort rather than the result. Participants learn to have respect for each other on and off the court. Hot Shots Sports was founded in 1994 and continues to provide programming in Chicago and Denver.



Striker Tot Soccer - Trappers ****NEW****

Trappers introduces the fun and excitement of the world's most popular sport, soccer. This class uses age appropriate games and drills to promote motor skills and familiarity with a soccer ball. Through our fun games and adventure themed activities, players develop skills such as balance, shooting, close ball control, and trapping. The Trappers experience is one that not only instills a love for the game of soccer, but also shows the importance of sports activity to promote a full and healthy life.

Age	Code	Day	Date	Time	M/NM
2-3	12254	Tue	9/5-10/31	9:45-10:30A	\$198/238
2-3	12338	Tue	11/7-12/19	9:45-10:30A	\$154/185

Striker Tot Soccer - Sweepers ****NEW****

Sweepers is the next step in the development for your young soccer player. The focus of the Sweepers classes is FUNdamentals that are crucial for every budding soccer player. Players focus on foot placement while shooting, following through on their shot, manipulating the ball in creative ways, defensive stance, and much more; all while participating in our fun games and adventure themed activities. **No Class 11/24**

Age	Code	Day	Date	Time	M/NM
3-5	12339	Fri	9/8-10/27	3:45-4:30P	\$176/211
3-5	12340	Fri	11/10-12/22	3:45-4:30P	\$132/158

Intro to Gymnastics

This introductory course will expose participants to the basics of gymnastics. Participants will learn how to properly invert themselves and do so in a safe and controlled manner, while also working on basic technique. Their will be no specific focus on any one aspect of gymnastics, but a broad study of what it takes to be a gymnast! **No Class 11/22**

Age	Code	Day	Date	Time	M/NM
4-6	12349	Wed	9/6-10/25	3:45-4:30P	\$176/211
4-6	12350	Wed	11/8-12/20	3:45-4:30P	\$132/158

Gymnastics 101

This intermediate class will work great for both beginners and those with a solid foundation of gymnastics form and technique. Participants will focus on developing control and balance while learning more advanced concepts on how to control the body during handstands, handsprings, and cartwheels. **No Class 11/22**

Age	Code	Day	Date	Time	M/NM
7-9	12347	Wed	9/6-10/25	4:30-5:30P	\$176/211
7-9	12348	Wed	11/8-12/20	4:30-5:30P	\$132/158

Triple Play

This class features three sports: soccer, floor hockey, and basketball. Participants develop skills associated with each sport and have opportunities to use these skills in game situations. Emphasis is placed on skill development, teamwork and good sportsmanship. **No Class 11/24**

Age	Code	Day	Date	Time	M/NM
6-8	12281	Fri	9/8-10/27	4:30-5:30P	\$224/269
6-8	12282	Fri	11/10-12/22	4:30-5:30P	\$168/202

Tiny Tumbler Sports

This class introduces children to the very basic fundamentals of sports. Participants will work on elements such as balance, kicking, throwing and catching. Adult assistance and participation is required. **No Class 11/23**

Age	Code	Day	Date	Time	M/NM
1-3	12278	Thu	9/7-10/26	10:30-11:15A	\$176/211
1-3	12337	Thu	11/9-12/21	10:30-11:15A	\$132/158

Adult-Tot Sports

Parents are an integral part of helping their tots develop basic sports movement and motor skills. Motor skills activities focus on hand/eye and hand/foot coordination. Sports equipment and instruction are provided to help guide your child through an introduction to organized sports. **No Class 11/23**

Age	Code	Day	Date	Time	M/NM
2-4	12239	Thu	9/7-10/26	9:45-10:30A	\$176/211
2-4	12240	Thu	11/9-12/21	9:45-10:30A	\$132/158

Sports and More

Learn the basic skills of America's most popular sports: Football, Soccer, Basketball, Baseball, Hockey and more. Players will learn how to work together and be good teammates, as well as learn discipline and build self-esteem. **No Class 11/24**

Age	Code	Day	Date	Time	M/NM
3-5	12273	Tue	9/5-10/31	10:30-11:15A	\$198/238
3-5	12274	Fri	9/8-10/27	10:45-11:30A	\$176/211
3-5	12275	Fri	9/8-10/27	1:45-2:30P	\$176/211
3-5	12276	Tue	11/7-12/19	10:30-11:15A	\$154/185
3-5	12333	Fri	11/10-12/22	10:45-11:30A	\$132/158
3-5	12334	Fri	11/10-12/22	1:45-2:30P	\$132/158

Lil Dribblers: Parent & Child Jr Dribblers ****NEW****

The Junior Dribblers basketball program is designed to give children an opportunity to begin their basketball playing experience in a fun and supportive environment. During the class, activities are introduced to promote proper balance, equipment, hand eye coordination, following directions and early basketball fundamentals. **No Class 11/23**

Age	Code	Day	Date	Time	M/NM
2-3	12335	Thu	9/7-10/26	9:00-9:45A	\$176/211
2-3	12336	Thu	11/9-12/21	9:00-9:45A	\$132/158

Lil Dribblers: Rookie Dribblers ****NEW****

The Junior Dribblers basketball program is designed to give children an opportunity to begin their basketball playing experience in a fun and supportive environment. During the class, activities are introduced to promote proper balance, equipment, hand eye coordination, following directions and early basketball fundamentals.

Age	Code	Day	Date	Time	M/NM
3-5	12358	Tue	9/5-10/31	9:00-9:45A	\$198/238
3-5	12359	Tue	11/7-12/19	9:00-9:45A	\$154/185

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Winnetka Community House

Fall 2017



Pre-K Total Sports Enrichment ****NEW****

A step up from our Pre-K Enrichment program, kids will participate in multiple sports while getting the opportunity to receive the afterschool sports experience. Players will develop skills and fundamentals while experiencing game play in an instructional and exciting setting. Bus Drop off is available from ALL Winnetka Kindergarten schools on the bus route, and players will be picked up by Coaches in front of the Community House. Not part of the Full Day Kindergarten school program? No problem! The Enrichment program follows our innovative and fun Total Sports lesson plans so feel free to sign up and get ready to play! **No Class 11/22, 11/23**

Age	Code	Day	Date	Time	M/NM
4-6	12315	Mon	9/11-10/30	1:30-2:30P	\$224/269
4-6	12316	Tue	9/5-10/31	1:30-2:30P	\$252/302
4-6	12317	Wed	9/6-10/25	1:30-2:30P	\$224/269
4-6	12318	Thu	9/7-10/26	1:30-2:30P	\$224/269
4-6	12322	Mon	11/6-12/18	1:30-2:30P	\$196/235
4-6	12321	Tue	11/7-12/19	1:30-2:30P	\$196/235
4-6	12320	Wed	11/8-12/20	1:30-2:30P	\$168/202
4-6	12319	Thu	11/9-12/21	1:30-2:30P	\$168/202

Kindergarten Total Sports Enrichment ****NEW****

A step up from our Pre-K Enrichment program, kids will participate in multiple sports while getting the opportunity to receive the afterschool sports experience. Players will develop skills and fundamentals while experiencing game play in an instructional and exciting setting. Bus Drop off is available from ALL Winnetka Kindergarten schools on the bus route, and players will be picked up by Coaches in front of the Community House. Not part of the Full Day Kindergarten school program? No problem! The Enrichment program follows our innovative and fun Total Sports lesson plans so feel free to sign up and get ready to play! **No Class 11/22, 11/23, 11/24**

Age	Code	Day	Date	Time	M/NM
4-6	12323	Mon	9/11-10/30	2:30-3:30P	\$224/269
4-6	12324	Tue	9/5-10/31	2:30-3:30P	\$252/302
4-6	12325	Wed	9/6-10/25	2:30-3:30P	\$224/269
4-6	12326	Thu	9/7-10/26	2:30-3:30P	\$224/269
4-6	12327	Fri	9/8-10/27	2:30-3:30P	\$224/269
4-6	12328	Mon	11/6-12/18	2:30-3:30P	\$196/235
4-6	12329	Tue	11/7-12/19	2:30-3:30P	\$196/235
4-6	12330	Wed	11/8-12/20	2:30-3:30P	\$168/202
4-6	12331	Thu	11/9-12/21	2:30-3:30P	\$168/202
4-6	12332	Fri	11/10-12/22	2:30-3:30P	\$168/202

Pickleball ****NEW****

This class is designed to teach players the fundamentals to pickleball. Players learn the rules, parts of the court, grips, strokes and strategy. Each class is designed to promote good sportsmanship and teamwork. Parents are encouraged to join in on the fun and play alongside their little ones! **No Class 11/23**

Age	Code	Day	Date	Time	M/NM
3-5	12360	Thu	9/7-10/26	11:15A-12:00P	\$176/211
3-5	12361	Thu	11/9-12/21	11:15A-12:00P	\$132/158

Lunch and Play

Children are introduced to a variety of sports and games including soccer, t-ball, basketball, football, kickball and more. Each child has the opportunity to develop motor skills and grow socially through teamwork and good sportsmanship. Children should bring a lunch. **No Class 11/24**

Age	Code	Day	Date	Time	M/NM
3-5	12262	Mon	9/11-10/30	11:30A-1:00P	\$312/374
3-5	12264	Fri	9/8-10/27	11:30A-1:00P	\$312/374
3-5	12263	Mon	11/6-12/18	11:30A-1:00P	\$273/328
3-5	12265	Fri	11/10-12/22	11:30A-1:00P	\$234/281

Sports School: Full Day of Play

Designed to socialize children to a full day of kindergarten, this program provides for pick up from both the bus stop out front and Winnetka Community Nursery school next door. Using our innovative Sports School curriculum, players will learn about traditional sports as well as sports history. Players will review health, fitness and have time for a snack. Each week at least two or three sports will be reviewed. **No Class 11/22, 11/23**

Age	Code	Day	Date	Time	M/NM
3-4	12277	Tue	9/5-10/31	9:00A-12:00P	\$450/540
3-4	12351	Tue	9/5-10/31	12:30-3:30P	\$450/540
3-4	12352	Wed	9/6-10/25	12:30-3:30P	\$400/480
3-4	12353	Thu	9/7-10/26	12:30-3:30P	\$400/480
3-4	12354	Tue	11/7-12/19	9:00A-12:00P	\$350/420
3-4	12355	Tue	11/7-12/19	12:30-3:30P	\$350/420
3-4	12356	Wed	11/8-12/20	12:30-3:30P	\$300/360
3-4	12357	Thu	11/9-12/21	12:30-3:30P	\$300/360

Play and Clay

Interested in sports and ceramics but can't make up your mind? Try both! Spend 45 minutes in our gym playing recreational games such as soccer, basketball, kickball and more AND 45 minutes in the ceramics studio working on creative projects that have sports intertwined. This is a great opportunity to develop both large and small motor skills in a fun environment. **No Class 9/15, 11/24**

Play Then Clay

Classes begin in the Ceramics Studio (LL1) and end in the Gym.

Age	Code	Day	Date	Time	M/NM
3-6	12271	Fri	9/8-10/27	9:15-10:45A	\$217/261
3-6	12414	Fri	9/8-10/27	2:30-4:00P	\$217/261
3-6	12272	Fri	11/10-12/22	9:15-10:45A	\$186/223
3-6	12416	Fri	11/10-12/22	2:30-4:00P	\$186/223

Clay Then Play

Classes begin in the Gym and end in the Ceramics Studio (LL1).

Age	Code	Day	Date	Time	M/NM
3-6	12242	Fri	9/8-10/27	9:15-10:45A	\$217/261
3-6	12417	Fri	9/8-10/27	2:30-4:00P	\$217/261
3-6	12241	Fri	11/10-12/22	9:15-10:45A	\$186/223
3-6	12418	Fri	11/10-12/22	2:30-4:00P	\$186/223

To register, visit the Winnetka Community House in person or online at www.WinnetkaCommunityHouse.org